



# ACC Fellows in Training

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## DISCOVER THE KEYS TO SUCCEED



## Making the Most out of ACC.13 as a Fellow in Training

ACC.13 in San Francisco provides everything you need to achieve success in your profession — world-class educational opportunities, career advice, hands-on training, networking opportunities and more. This year's FIT programs reflect a collaborative effort by FITs across the nation to fine tune and develop more comprehensive programs that address your needs better. Their creativity sparked new spins on established programs and expanded the use of the FIT Lounge, where small group mentoring sessions will be scheduled with career experts in congenital, preventive and interventional cardiology, heart failure, women in cardiology and more.

ACC.13 offers a wide range of learning opportunities, such as the outstanding full day pharmacology program on Saturday and the FIT Forums that offer tips on how to build a successful career. Look to the extensive Core Curriculum courses and other Lifelong Learning courses to hone your knowledge in specific areas. Consider carefully the Learning Pathways — Quality of Care and Outcomes Assessment and Practice Performance, Improvement and Administration — both of which include information about how the practice of medicine is changing and what you need to know for the future.

Take advantage of the many things offered at ACC.13: Late Breaking Clinical Trials, in-depth symposia, Meet the Experts sessions, interactive case reviews, lively debates, oral abstract presentations and poster sessions. Expand your personal network by getting to know fellow FITs from across the country. Share your experiences with your peers and gain practical skills you'll use in the clinic every day.

Throughout ACC.13, you'll learn how to translate science into patient care, enhance quality and improve clinical outcomes. Concentrate on one career path or sample from an unprecedented array of educational and networking opportunities and come away with new skills and new insight into your future.

Inside this newsletter, you'll find out more about what ACC.13 has to offer the FIT attendee. To plan your ACC.13, however, download the ACC.13 eMeeting Planner App by searching "ACC.13" in your app store. Select "Browse FIT Sessions" to see all of the education selected just for FITs.

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## Spotlight on FIT Forum I: Scholarship and Education

By Nehar Desai

This year's ACC Scientific Sessions have wonderful programming specially aimed at Fellows in Training (FIT). Alongside Scott Lilly, an Interventional Cardiology Fellow at University of Pennsylvania, I will be moderating a session in the FIT Forum I, focusing on Scholarship and Education. We are lucky enough to have Anthony DeMaria, Spencer King, Jagat Narula and Christopher O'Connor joining us.

For many of us hoping to have successful careers in academic cardiology, these times seem quite daunting with changing practice models, payment systems and limited funding opportunities. However, with our all-star panel, we hope to begin to tackle some of these issues and give FITs a chance to ask questions and get valuable career advice. In addition, given the importance of publications, we will have a chance to hear from many of the leaders of prominent cardiovascular journals on how to move a scientific hypothesis to a published manuscript.

Dr. DeMaria, editor-in-chief of JACC, will discuss *How to Write a Paper That Gets Published*, offering his unique perspective and invaluable insight to FITs. The session will also track a manuscript from initial submission to successful publication, and include a discussion on how to revise a manuscript, led by Dr. Narula. The panelists are keen to engage in a dialogue with FITs and help de-mystify the often nebulous path of academic cardiology. This session launches the FIT programming at ACC.13 and I encourage you all to attend and participate.

## Spotlight on FIT Forum IV: Preparing for and Finding the Right Job

When surveyed about what programming would be most valuable to Fellows in Training (FITs) at ACC.13, there were consistent requests for programming related to establishing a career and creating financial stability. In cooperation with the ACC Cardiovascular Leadership Institute, the ACC FIT Committee is excited to present *Preparing for and Finding the Right Job* on Sunday, March 10, from 12:30 p.m. – 1:45 p.m.

The first portion of the forum will center on finding the perfect job. Three sub-sessions will focus on private practice, academic practice and opportunities affiliated with veteran's affairs. Talks will be given by authorities in each area with ample time for questions and answers.

A later section will address financial planning with an emphasis on topics important to FITs. Topics will include: prioritizing your financial needs, managing the transition to practice, insurance and investment. Again, there will be a dedicated question and answer session.

## Spotlight on A Brand New Session for FITs this Year: "Outside the Box"

Join us Sunday, March 10, from 2:00 p.m. – 3:00 p.m. for a brand new FIT Forum. We have invited accomplished cardiologists that have accomplished things outside the scope of clinical cardiology!

Dr. Robert Harrington will discuss the usefulness of social media in cardiovascular medicine. Dr. Paul Yock will talk about how to take your latest and best idea from innovation to idea to market. Dr. Thomas Gaziano will speak about how to integrate an interest in international health into your cardiology career. Also, for those of you interested in critical care medicine, Dr. David Morrow will discuss the present climate and potential need for the "cardiac intensivist."

This session will broaden the scope of your day-to-day training and provide practical advice about how to integrate your parallel interests into your practice. Moreover, there will be time for questions and discussion — a real opportunity to engage present day "Out of the Box" leaders. Bring your individuality, ingenuity and energy; this promises to be one of the most talked about sessions of ACC.13!

## Spotlight on FIT Forum VI: Stump the Professor

Fellows in Training (FITs) are invited to "Stump the Professor" with their clinical decision making cases in this exciting session moderated by Drs. Rick A. Nishimura, Patrick T. O'Gara and Thomas Bashore.

FITs were asked to submit case presentations that illustrated clinical decision making with teaching points. There were nearly 200 submissions for peer-review, and those cases that best described excellent clinical decision making used to arrive at a diagnosis and/or treatment were selected for either oral or poster presentation. Cases will be presented to the panel during the session for review and thought provoking discussion and question and answer. There is also time after the session to view other submissions in poster form.

Join your fellow FITs and see if you can arrive at the diagnosis, ask questions and learn from cardiology's leading clinicians!

## Don't miss these other FIT Forums at ACC.13!

### FIT Forum II: Mix 'n' Mingle

3:30 p.m. – 4:30 p.m.

Bistro ACC, North Expo

*Attend this informal meet and greet featuring cardiovascular leaders!*

### FIT Forum III: Jeopardy!

4:45 p.m. – 6:00 p.m.

Moscone West, Room 3002

*Test your knowledge against your peers' as teams of FITs square off in this quiz-bowl environment!*



# ACC.13 From the Perspective of a Heart Failure FIT

By Martha Bowman, DO

The American College of Cardiology's [Annual Scientific Session](#) presents valuable opportunities for Fellows in Training (FITs) to expand and enhance our knowledge in the field of cardiovascular medicine. In addition to the world-class education, we can attend several forums on career development. I am specifically looking forward to the "[Mix n Mingle](#)" on Saturday, March 9, which is a great way to meet and have one-on-one conversations with outstanding leaders in our field, and learn about career development strategies.

The subspecialty [Learning Pathways](#) offered at the meeting enable us to deepen our knowledge of relevant subject matter. For instance, as a subspecialty fellow in Advanced Heart Failure, I plan on attending sessions included in the [Heart Failure Pathway](#). In particular, I will attend a full day program on Sunday, March 10, developed the Heart Failure Society of America in conjunction with the ACC. In addition, I will also attend other sessions in the Heart Failure Pathway, such as "[Acute Decompensated Heart Failure—](#)

[What Should We Target and How Should We Treat?](#)" and "[It Takes a Village: Patient-Centered Care in Heart Failure](#)." Keep in mind, there are several other Learning Pathways that offer sessions related to heart failure. For example, in the Imaging Pathway, there is a session entitled "[Integrated Imaging of Heart Failure for Clinical Decision-Making](#)," which I plan to attend as well.

We all recognize that the field of Advanced Heart Failure has grown immensely over the past several years, and the ACC has developed programs – as well as a [Council](#) – in response to that growth. These and other sessions at ACC.13 enable FITs to learn more and focus on a specialty area of interest.

I look forward to seeing you in San Francisco!

*Dr. Bowman is a Fellow in Training member on the Heart Failure and Transplant Council*

## Get a Behind-the-Scenes Look at ACC.13: Be an FIT Video Blogger

By Jeffrey B. Geske, MD and Michael W. Cullen, MD

We are excited to announce the return of the Fellows in Training (FIT) Blog at ACC.13. What's the FIT Blog, you ask? The FIT Blog, which began last year at ACC.12, is a video blog created by FITs for FITs. It provides video coverage of major events, interviews, and other "buzz" from the meeting to keep FITs around the world "in-the-know." You can check out the nearly 50 videos created last year by FITs across the country, including interviews with cardiovascular legends such as Drs. Eugene Braunwald, Jane Somerville and Antonio Colombo, at <http://www.youtube.com/user/FITsontheGO>.

In addition to viewing and commenting on online content, FITs attending ACC.13 have the unique opportunity to participate in the development of this exciting endeavor. Last year more than 40 FITs from dozens of institutions around the country participated. In preparation for ACC.13, we are again seeking volunteer Roving Reporters to deliver first-hand, multimedia reports from ACC.13 to viewers nationwide. Roving Reporters will work in teams of two or three, traveling throughout the conference with a microphone and camera. They will engage fellows, faculty, and other attendees to deliver the latest-breaking news from ACC.13, focusing on what co-FITs "need to know." We are asking volunteers for half-day commitments (i.e. ~four hours at a time). No news media or video production experience is necessary. You can volunteer individually or in teams. The audiovisual equipment will be provided, as will technical tips regarding filming and a schedule of events of interest. Absolutely no experience is necessary; the only requirement is a willingness to "get out on the streets" of ACC.13, find the news that is important to your co-fellows, and share it with the rest of us. Those interested should contact Amalea Hajar ([ahijar@acc.org](mailto:ahijar@acc.org)).

Participating in the FIT Blog gives fellows nationwide the opportunity to maximize the online FIT presence for ACC.13. It will also provide FITs with a behind-the-scenes look at ACC.13, an opportunity to share their thoughts on new science, and chances to network with peers and colleagues. To those who helped make the FIT blog such a success last year, we hope you can participate again. If you were unable to participate last year or if this is your first ACC, don't miss this fantastic opportunity!

# Rediscover the FIT Lounge at ACC.13

As you have read, there are new programs, expanded programs and more opportunities for FIT interaction at ACC.13 this year. Our “home base,” the FIT lounge, has also undergone a partial facelift. This year, the FIT lounge will be more centrally located – a change that reflects feedback from ACC.12 FITs– and will enable more convenient visits en route between different Scientific Sessions.

Another goal of the FIT planning committee is to profile FITs that have been successful at their State Chapter meetings. Part of this effort resulted in the “Learning Annex” – a space adjacent to the FIT lounge that will be used to acknowledge Chapter FIT activities as well as display the winning FIT posters from State Chapter meetings.

Want to get involved in the ACC? Come view the FIT roadmap to ACC participation. Meet with the FACCs and ACC staff that represent the ACCs quality, education, advocacy and membership efforts. Attend the small group mentoring sessions for cardiology subspecialties: heart failure, interventional preventative, electrophysiology, vascular and imaging and learn from early career FACCs about how best to craft your training and initial job search.

Not enough? There will also be a number of “off the grid” events that you will definitely not want to miss! Stay tuned via the Twitter feed using hashtags #ACC13 and #ACCFIT to take advantage of special, once-in-a-career opportunities.

Although a more dynamic and interactive space than in years past, the substance of the FIT lounge remains. If you simply need a centralized place to check your email, enjoy light refreshments, and network with your peers, the FIT lounge at ACC.13 is clearly for you. See you in San Francisco!

**Put these Learning Annex 30-minute mentoring sessions on your calendar at ACC.13:**

## FIT COMMUNITY LOUNGE LEARNING ANNEX

### Saturday – Monday

Located in the FIT Lounge, the Learning Annex will display the FIT Chapter Poster Winners and feature 30-minute specialized mentoring and networking sessions throughout the meeting.

Saturday, March 9 <sup>th</sup>		
10:00 a.m. – 10:30 a.m	Focus on Prevention	<b>Rita Redberg</b> <i>University of California San Francisco</i>  <b>Laurence Sperling</b> <i>Emory</i>
	Focus on Intervention	<b>Zachary Gertz</b> <i>Virginia Commonwealth University</i>  <b>Mike Rinaldi</b> <i>Carolinas Medical Center</i>
11:00 a.m. – 11:30 a.m.	Focus on Advanced Heart Failure	<b>Gurusher Panjra</b> <i>John Hopkins University Hospital</i>  <b>Jennifer Peura</b> <i>The Medical University of South Carolina</i>
	Focus on Electrophysiology	<b>Jonathan P. Piccini, MD, MHS, FACC</b>
Sunday, March 10 <sup>th</sup>		
10:00 a.m. – 10:30 a.m.	Focus on Imaging	<b>David Winchester</b> <i>University of Florida</i>
	Focus on Vascular Disease	<b>Heather Gornik</b> <i>Cleveland Clinic</i>
11:00 a.m. – 11:30 a.m.	Focus on International	<b>Melissa Burroughs Pena, MD</b> <i>Duke University Medical Center</i>



# ACC.13 Symposium: FITs/Early Career Physicians in Heart Failure and Transplant: An Invitation to Attend

**By Gurusher Panjraht, MD**

The field of heart failure is growing rapidly with new and exciting opportunities arising for cardiologists - both trainees as well as early career professionals (ECP). With a wide array and mix of career choices available to the young professional, it can be a daunting task to select a career path. I recently completed my cardiovascular and advanced heart failure/transplantation-related training and encountered the very same concerns. While talking to colleagues and fellows from a wide range of programs across the country, it was apparent that not many programs offer in-depth guidance or counseling on career opportunities available after training. Quite often, trainees are left to decide on these extremely important decisions by themselves or make decisions solely based on available opportunities. This is even more acute for heart failure professionals considering the heady mix and constant developments related to heart transplantation and mechanical circulatory support. While the field is growing, adding new layers of complexity and advanced therapies, not all fellows in training (FIT) share the same passion for complicated in-patient management of patients with assist devices and those who have undergone transplantation, and instead are more keen on following the path of the more traditional heart failure practice.

To cater to the needs of trainees and early career professionals interested in heart failure, mechanical circulatory support and transplantation, the Heart Failure and Transplant Council has created a symposium that promises to be an exciting opportunity to learn about various career pathways and offers the opportunity to interact with experts while participating in a small group setting. The wide range of topics and “how to” sessions make this symposium not only attractive to FITs but early career professionals as well.

The inaugural symposium is scheduled, for the convenience of attendees, on the sidelines of the American College of Cardiology's Annual Scientific Session in San Francisco on Saturday, March 9 between 4 – 6 p.m. Pacific at the San Francisco Marriott Marquis. The inaugural two-hour symposium includes a lineup of well-known experts as well as mid-career professionals who will share their experiences and challenges on a variety of topics. Career pathways to be discussed include: Academic Advanced Heart Failure and Transplant Clinician, Community Advanced Heart Failure and Mechanical Support Clinician, Community-Based Heart Failure Clinician, and the small but growing segment, Interventional Heart Failure Cardiologist. A brief discussion on heart failure certification and balancing a career in investigation and clinical heart failure is included as well.

The second half, and the highlight of the session, will be a 40-minute reception with small breakout groups addressing non-traditional but commonly-faced topics and “how to” discussions. As an ECP, I am of the opinion that most trainees and ECPs will find this symposium extremely helpful, whether for obtaining a fellowship position or for deciding on the right practice setting. The small group discussions will focus on how to start a mechanical circulatory support/HF program, build a pulmonary hypertension program, be the leader in hospital readmissions and community based quality initiatives in one's practice setting, get involved with research databases, focus on outcomes versus clinical, and offer ultrafiltration for your patients.

While this session should be on the “must attend” list of all fellows in heart failure training programs, I would encourage those who are contemplating their future career path or still in the decision-making phase to attend as well, as this symposium promises to provide a glimpse into life beyond training. The success and future of the program will depend on your participation and feedback. Discussions are already underway to potentially expand this program in the coming years to include hands-on and “how to” workshops. So mark your calendars to attend this not-to-be-missed opportunity, and we hope to see you in San Francisco in March!

[For a full list of speakers, and to offer input on the breakout groups for this session, click here.](#)

*Dr. Panjraht is a Fellow in Training member of the Heart Failure and Transplant Council.*

# Attend an ACC Section Meeting at ACC.13!

**Advance Your Specialty, Network and Gain Leadership Experience.** Connect with ACC's Member Sections during their meetings ACC.13! Don't miss this opportunity to get involved with an ACC Member Section in your specialty. Sections provide a unique blend of forum and networking for members with specific clinical or professional interests and are FREE for all Fellows in Training (FITs). Join to take advantage of leadership opportunities within the College on a smaller scale, network with colleagues established in your chosen specialty, and advance the priorities of your chosen specialty. The meetings below are open for all to attend, and provide a great opportunity to learn more about what each Section has done and their plans for the future. Section meetings are as follows:

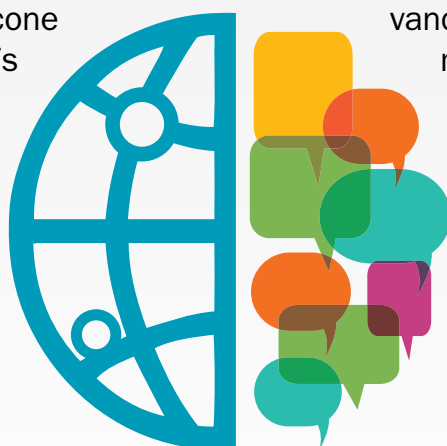
- [Academic Cardiology](#): Sunday, March 10, 2:00 p.m. – 3:00 p.m., Marriott Marquis, Golden Gate B.
- [Adult Congenital & Pediatric Cardiology](#): Saturday, March 9, 4:00 p.m. – 6:00 p.m., Marriott Marquis, Golden Gate B.
- [Geriatric Cardiology](#): Saturday, March 9, 2:00 p.m. – 3:30 p.m., Marriott Marquis, Club Room.
- [Cardiovascular Imaging](#): Saturday, March 9, 2:00 p.m. – 3:30 p.m., Marriott Marquis, Golden Gate B.
- [Interventional Scientific](#): Sunday, March 10, 4:45 p.m. – 6:15 p.m., Marriott Marquis, Golden Gate A.
- [Sports & Exercise Cardiology](#): Saturday, March 9, 4:00 p.m. – 6:00 p.m., Marriot Marquis, Golden Gate A.
- [Women in Cardiology](#): Monday, March 11, 3:00 p.m. – 6:00 p.m., Marriott Marquis, Golden Gate A.

## ADVANCE YOUR CAREER AT ACC.13

ACC.13 provides unlimited opportunities for you to talk with potential mentors, find out more about career paths you're interested in pursuing and set yourself up for the future. Take advantage of the ACC Cardiology Careers resources throughout the scientific session to find your next big career opportunity, get advice, meet with potential employers, work on your resume, and even apply for a position or two!

The **ACC Cardiology Careers Resource Center** will be open from Saturday through Monday from 9:00 a.m. – 5:00 p.m. in room 224 of Moscone Center South. This is a great place for FITs to receive advice on their CV, search job postings and more.

**New this year, the ACC Cardiology Careers Job Fair** on Sunday, March 10 from 10:00 a.m. – noon just inside the left entrance to the South Expo Hall, offers a unique opportunity for FITs to meet with actual employers on site and make career connections for the future! The job fair will be filled with cardiovascular employers from a variety of backgrounds looking just for qualified physicians and care team members like you. Bring copies of your CV and be ready to discuss what you're looking for out of the next step in your career. We encourage you to register for the Career Fair in advance. On site registration will also be available. For more information, email [info@healthcareers.com](mailto:info@healthcareers.com) or call 888-884-8242.





# Simplify Your Education with the Lifelong Learning Portfolio at ACC.13!

Keep track of your CME and Maintenance of Certification (MOC) progress with the Lifelong Learning Portfolio (LLP). The LLP is a new online tool designed to create a personalized learning experience based on your individual needs, interests and knowledge.

The Portfolio gets to know you and your individual needs over time. As you explore the educational portal and take self-assessment quizzes, the LLP will begin to recommend educational activities for you based on your knowledge gaps and interest areas. With the LLP, you'll discover new educational opportunities—some of which you may not have even known you needed.

During ACC.13, attendees can take a tour and begin to personalize their online learning experience at ACC Central, Booth #S2032. Those that complete a tour of the LLP will receive a personalized leather iPadfolio!

Begin building a personalized online learning experience today at [www.CardioSource.org/MyLearningPortfolio](http://www.CardioSource.org/MyLearningPortfolio) or take the tour & receive a FREE iPadfolio at ACC Central, #S2032.



## Transforming Cardiovascular Care Through Digital Technology: Cardiovascular Innovations Educational Forum for FITs

Health care in general, and the practice of cardiology in particular, could possibly be the next big frontier in digital technology. However, it is still unclear how the rapid pace of the digital revolution will transform cardiovascular care. Cardiology Fellows in Training (FITs) are poised to become key players at the intersection of medicine and technology due to their problem solving skills, innovative spirit and idealism. More importantly, many of them are digitally savvy, tend to “dream wildly” and think “outside the box.”

The ACC, in partnership with Elsevier Business Intelligence, the International Society for Cardiovascular Translational Research (ISCTR) and the Society of Physician Entrepreneurs (SoPE), will once again offer the CV Innovations Educational Forum (CVIEF), Sunday, March 10, and Monday, March 11, featuring cutting-edge cardiovascular technology research and product development. In previous years, innovative thinkers, physicians, researchers, biodesign and technology experts, as well as venture capitalists and investment bankers, have gathered to discuss the future of cardiovascular technologies.

This year at ACC.13 in San Francisco, new and additional presentations organized by FITs will be dedicated to FITs and early career cardiologists who are interested in exploring

how digital technology, with a focus on wireless and mobile technology, can move cardiovascular care forward. Experts in the fields of wireless and mobile app technology will present their visions on how digital technology can promote efficient health care delivery, improve outcomes and reduce costs for patients with cardiovascular disease. The interactive sessions aim to introduce FITs to the evolving convergence between health care and digital technology and to inspire innovative problem solving for current challenges in the practice of cardiology through the application of digital technology. Other programs in the CVIEF will provide a roadmap and case studies on how to build an innovative idea into a mobile app or health technology startup. FITs will also have an opportunity to network with digital health experts and physician entrepreneurs. In the bigger picture, the program seeks to support FITs in ushering them in as future innovators in cardiovascular medicine.

*Attendance at the CVIEF is free to all registered ACC.13 attendees. Look for the CV Forum in Moscone North (N5206) – we look forward to seeing you in San Francisco!*